

1. Home (<https://www.gov.uk/>)
2. Health and social care (<https://www.gov.uk/health-and-social-care>)
3. Public health (<https://www.gov.uk/health-and-social-care/public-health>)
4. Health protection (<https://www.gov.uk/health-and-social-care/health-protection>)
5. Infectious diseases (<https://www.gov.uk/health-and-social-care/health-protection-infectious-diseases>)

Guidance

# **COVID-19: guidance on social distancing and for vulnerable people**

Guidance on social distancing for everyone in the UK and protecting older people and vulnerable people.

Published 16 March 2020

From:

Public Health England (<https://www.gov.uk/government/organisations/public-health-england>)

## **Documents**

### **Guidance on social distancing for everyone in the UK and protecting older people and vulnerable adults**

(<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>)

HTML

## **Details**

This guidance is for everyone. It advises on social distancing measures we should all be taking to reduce social interaction between people in order to reduce the transmission of coronavirus (COVID-19). It is intended for use in situations where people are living in their own homes, with or without additional support from friends, family and carers.

If you live in a residential care setting - guidance is available at residential care setting (<https://www.gov.uk/government/publications/covid-19-residential-care-supported-living-and-home-care-guidance>)

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## Related content

### Collection

- Coronavirus (COVID-19): guidance (<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>)

## Explore the topic

- Infectious diseases (<https://www.gov.uk/health-and-social-care/health-protection-infectious-diseases>)

## Topical events

- Coronavirus (COVID-19): UK government response (<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>)